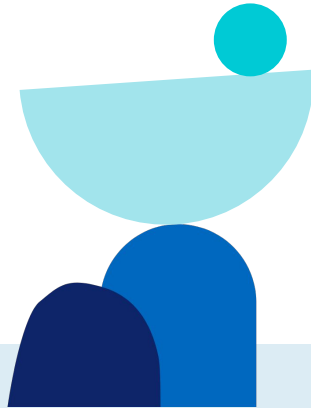




ELI Milestone Assessments

Helpful Hints

Milestone Debrief as a Re-Engagement Opportunity

You can do a debrief at the completion of a coaching agreement to show where the client's energy was at the start of the coaching journey and where they are now. This is also an opportunity to continue energetic momentum with the client and have them consider where coaching in a new area of their life could be beneficial. The milestone assessment can be used as a quarterly, mid-year, or yearly marker to bring clarity to a client's overall current energy and how they would like to optimize their energy in all areas of life.



Using the Milestone Debrief Script with 360° Clients, Couples, & Groups

Completing a milestone ELI 360°

An ELI 360° assessment can certainly be used as a milestone assessment tool. To debrief a 360° milestone assessment, go through the milestone ELI debrief, then review the self and raters' ratings, noting any differences between them (and the previous assessment's ratings) and seeing how the client's overall energy and any shifts they have experienced between debriefs might contribute to their answers.

Working with couples

For couples, you can review their previous combined ARL, compare it to their current ARL, and do a milestone assessment for the couple as an energetic unit to see where their energy may have shifted. You can identify the traits of couples based on their current energy and their previous energy and explore areas of potential growth moving forward.

Using the Milestone Debrief Script with 360° Clients, Couples, & Groups

Group debrief process

Doing a group debrief offers a variety of marketing and delivery possibilities. The initial debrief should be about an hour, and would cover only generalities. Be as flexible as possible for the benefit of the group. That said, the general outline is as follows:

1. Review the basics of the Energetic Self-Perception Chart (use part of the slide deck provided by iPEC®).
2. Re-examine the 7 Levels of Energy and how they play out in the group's environment.
3. Talk about the different Levels of Energy that predominate the group/organization, and what it means.
4. Talk about the progress of the group as a whole and the differences presented by the data you've collected. You can also discuss group concerns, goals, and/or projects and relate them to the group's energetic makeup.
5. Talk about the possibilities, in general, to get them excited and work with the person who can decide to move forward with other services.
6. Answer questions.



Awakening Potential

Thank You

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